

Family Devotionals

Pick up family friendly devotionals at the Church or online to use on your own or with your children (stmarysarlington.org/lent).

Adult Lenten Series

Register for one of the following online series and join us in study and reflection for all five Wednesdays in March from 7-8pm. To sign up and receive additional details visit: tinyurl.com/lentseries23



THE BOOK OF HOSEA

Study the Book of Hosea with Mother Sara to deepen your connection with God and wonder at God's immeasurable love for us.



BECOMING BELOVED COMMUNITY

Courageous Conversations on Becoming Beloved Community - Using curriculum from the Episcopal Church on racial reconciliation, we will study the Lenten gospel lectionary and how it ties to our baptismal covenant to live in beloved community with all people.

A Guide to Lent

A season of repentance and returning to God in preparation for Easter



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40 Days of Lent

*Remember that you are dust,
and to dust you shall return.*

Lent is the period of 40 days which comes before Easter in the Christian calendar. Beginning on Ash Wednesday, Lent is a season of reflection, returning to God and preparing ourselves for Easter. By observing the 40 days of Lent, we remember Christ's fasting and prayer in the desert. Lent is marked by both feasting and fasting, fasting from something or taking on a new practice.



Shrove Tuesday (2/21)

Join St. Mary's for pancakes, cajun fare, live music, and lots of beads, as we party one last time before Lent. Since our kitchen is under renovation, we've reserved the parish hall at Westover Baptist Church. Easy and convenient parking! Please bring \$5 per person or \$15 per family (cash or check). Sign-up at tinyurl.com/stmshrove

Ash Wednesday (2/22)

Holy Eucharist & Imposition of the Ashes
7:00 am, 12:00 pm, 5:45 pm (family service),
7:30 pm. *The 7:30 pm service will be
streamed and recorded.*

Lenten Clean-up Day (3/18)

Join the St. Joseph Ministry on Saturday, March 18th, from 9:00 am to Noon to help spruce up the church for Easter. No special skills required, volunteer for an hour or the morning. Questions? Contact jane.shafran@stmarysarlington.org

Quiet Morning (3/25)

Join our Rector, The Rev. Andrew T.P. Merrow for a day of quiet reflection and prayer on Saturday, March 25th from 9:00 am to Noon at St. Mary's. Sign-up at: tinyurl.com/quietmorn

Reading through the Gospels

Consider adding daily Bible reading to your Lenten practice. Reading only two or three chapters a day, it is possible to read all the Gospels by Palm Sunday. Contact Kris Rose, our seminarian, to sign-up (arose@vts.edu).

Worship

SUNDAY SERVICE UPDATE

Starting Sunday, February 26th we will add an additional Holy Eucharist at 11:15 am.

7:00 am, Holy Eucharist, spoken
9:00 am, Holy Eucharist with choir
10:15 am, Sunday School & Adult Formation
*10:30 am, Wilderness Church
11:15 am, Holy Eucharist with music
5:00 pm, Holy Eucharist, spoken

**1st & 3rd Sunday*

CHORAL EVENSONG

Join our choirs for a service of choral evensong on Sunday, March 5th at 5:00 pm in the Nave.

WILDERNESS CHURCH

Wilderness Church is held on the 1st and 3rd Sunday of the month, 10:30 am at Fletcher's Cove DC. Follow on Facebook @Wilderness Church NOVA/DC.

WEEKDAY SERVICES

Tues: Noonday Prayer, 12:00 pm, Chapel
Wed: Holy Eucharist, 7:00 am, Chapel
Thurs: Healing Eucharist, 11:00 am, Chapel

RECONCILIATION

Lent is the perfect time to consider taking advantage of The Sacramental Rite of Reconciliation, also known as Confession. Contact our clergy directly to schedule an appointment.